

Early Years Education System

Daily Schedule

- 8:00 am - Arrival, Play (Creative and Cognitive)
- 8:30 am - Physical Activities (Jumping, Spinning, Balancing, Rolling)
- 8:50 am - Tidy Up and Hand Washing Routine
- 9:00 am - Morning Snack
- 9:30 am - Circle Time – Calendar, Theme of the week
- 10:00 am - Story and Group Discussion
- 10:30 am - Language, Math, Writing
- (If weather permits, children will play outside 10:00 -11:00 am)
- 11:00 am - Language (English/French)
- 11:30 am - Lunch
- 12:15 pm - Oral Hygiene and Hand Washing
- 12:30 pm - Nap Time/Quiet Time with complete supervision
- 2:30 pm - Play Time (Gross Motor and Sensory Activities)
- 3:30 pm - Afternoon Snack Time
- 4:00 pm - Outdoor Activities
- 4:50 pm - Tidy up, Oral Hygiene and Hand washing.
- 5:00 pm Kids are ready to leave for the day!!**